



Office of the Principal, Government College Bichhua  
Chhindwara (M.P.) 480111



Mobile: +91 9425425968, Email- hegcbicbh@mp.gov.in  
<https://www.govtcollegebichhua.org>, <https://www.highereducation.mp.gov.in/?orgid=109>



Established on 21/09/1989, Recognized under 2 (f) & 12 (B) of the UGC Act, 1956

Affiliated to Raja Shankar Shah University, Chhindwara (M.P.) 480001

# *Extension Activities Results Benefits to Society*





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## *Extension Activities Results* *Benefits to Society* *Year : 2022-23*

1. A blood donation camp was voluntarily organized by NSS and NCC in the college in which 32 units of blood were donated. Through the above camp, blood was made available to the district hospital.
2. In Bichhua College, both girls and boys were made aware about early marriage, domestic abuse, sexual violence, violence at home and college, trafficking, online violence, child labor.
3. Under Clean India 2.0, under the Swachhata Abhiyan, a rally was taken out in Bichhua Nagar Parishad and the common citizens were made aware about the cleanliness of body and mind.
4. Under the Swachhata Pakhwada, awareness was spread in the society about cleanliness is service and all women, men and children were made aware about cleanliness.
5. On World Earth Day, the college principal along with the staff and students placed water containers for birds in the Botanical Garden and made the society aware about the service of birds.



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6. An awareness campaign on the importance of voting was run by the students through Rangoli and the people of the area were told that they must use their voting rights.
7. Millets Exhibition Through quiz on production, utility and nutrition of coarse grains, students were informed about the importance of millets and students were told that they will go home and inform their parents and neighbours about the importance of millets and also emphasize on its use.
8. Birsa Munda's sacrifice was made aware through Birsa Munda Jayanti.
9. May 1<sup>st</sup> was celebrated as Labour Day and students were informed about how to maintain sympathy and goodwill towards labourers.
10. On the occasion of Rani Lakshmi Bai Jayanti, students were informed about the sacrifice of Rani Lakshmi Bai.
11. Tree plantation was done in the college and around the college through Harit Vasudha and Ankur Abhiyan.
12. Along with this, the students of the college also planted trees in their village and the society was made aware about the importance of trees.
13. The general public was made aware about Sickle Cell Anaemia.
14. Society was made aware through a rally on World AIDS Day.
15. On International Yoga Day, students of the college – Students and eminent citizens of the city were made aware of the importance of yoga.



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16. Under Azadi Ka Amrit Mahotsav, students were inspired for Har Ghar Triranga Abhiyan by forming a human chain in the shape of the map of India, as well as the society was made aware of Har Ghar Triranga Abhiyan through Triranga Rally and street plays.
17. The NSS unit of the Government College made the villagers aware of cleanliness and health through a camp in village Jhamta.
18. The entire campus was cleaned by NSS volunteers in Jhamta Gram Panchayat.
19. On Ozone Day, students were made aware of the importance and conservation of ozone.
20. Nutrition Fortnight was celebrated in the college through speeches and posters and students were made aware of nutrition.
21. On the occasion of Youth Day, Surya Namaskar was organized in the college, in which along with the college family, eminent citizens of the city also participated and understood the importance of physical health.
22. On International Older Persons Day, all the staff and M.A. students of the college participated. The students of 4th semester of sociology met the elderly in Godhuli Vridhashram and provided refreshments to about 110 elderly people.
23. NCC CADETS planted trees in Bichhua Hospital and made the society aware about tree plantation.



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24. NCC CADETS conducted Swachhata Abhiyan in Government Excellence School Bichhua and made the staff and students of the school aware about the importance of cleanliness.
25. De-addiction rally was taken out in the city and the ill-effects of drug abuse were informed.
26. AIDS awareness rally was taken out by NCC CADETS and the citizens were made aware about the prevention and protection methods of AIDS.
27. On Environment Day, the entire college was administered the oath of prevention of plastic by NCC CADETS and various programs were organized on the topic of Say No to Plastic.
28. The city residents were made aware about cleanliness through Swachhata Rally.
29. The college established Anand Kendra in Bichhua Nagar Parishad and through Anand Kendra, clothes, utensils, bags, books were made available to the needy, along with Happiness Program.
30. International Millets Year was celebrated by IQAC of Government College through which the society was made aware about the use of millets.



## *Extension Activities Results*

### *Benefits to Society*

### *Year : 2021-22*

1. On the occasion of National Voter's Day, all the citizens were motivated to exercise their right to vote through the NSS unit in Government College Bichhua.
2. An awareness program was organized for environment and information was given about how to keep the environment clean in the society.
3. The sports unit of the college made the residents of Dhane village aware about the importance of traditional games.
4. Through the cyber security awareness program, citizens were informed about what are the cyber crimes and how to ensure cyber security.
5. The women's cell made the women of Jhamta village aware about health and hygiene and sanitary pads and masks were distributed to about 120 women by going door to door.
6. An awareness program on the legal rights of girls and gender equality was organized by the Department of Sociology.



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7. Through the said program, girls and women were made aware of their rights. The women's cell organized a program on women empowerment through leadership and healthy lifestyle in which a well-known gynecologist of Chhindwara district participated.
8. Dr. Neerja Tiwari made women aware about their health and informed that problems caused due to increasing age are being resolved with the help of modern technology.
9. A workshop was organized on the topic of positive attitude and responsibility of men towards women, in which the students were discussed on how to help their mothers and sisters in household chores and how to have a positive attitude towards women.
10. About 98 students benefited from the said program. An online workshop was organized on the topic of violence against women and awareness, in which about 123 participants from various colleges took part and a discussion was held on the mediums through which awareness can be spread about how to stop violence against women.



## *Extension Activities Results*

### *Benefits to Society*

### *Year : 2020-21*

1. A tree plantation program was organized through the NSS Unit of the college in which the importance of tree plantation was discussed.
2. Awareness about nutrition and health was spread by organizing Nutrition Month and Health Rally in the college.
3. The importance of vaccine was told to everyone through the Vaccination Awareness program and the work of taking the villagers around Bichhua town to the vaccine center and getting vaccinated was done by the students of NSS and NCC.
4. Under Clean India Mission, awareness about cleanliness was created through various programs.
5. Arogya Setu App was installed in Bichhua town and nearby villages through NSS volunteers and staff and awareness was created about the prevention of corona.
6. Awareness about AIDS was created by taking out a rally and through slogans on World AIDS Day.



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7. A cleanliness campaign was run in Bichhua market and college campus by the NCC Unit. An awareness program was organized on improving one's lifestyle with healthy nutrition in which nutritious diet was given by Dr. Nivedita Bagde, dietician of Midas Hospital, Nagpur city. And awareness was created for regular exercise.
8. About 79 participants participated in the above program and benefited from it.
9. The program on the effect of hormones on human health was organized by the Department of Zoology and awareness was created about hormones.
10. Awareness program was organized on Covid-19 crisis and Indian economy. An online webinar on sociology was organized on the topic "Status of transgenders in Indian society: perspectives and challenges", in which about 200 participants participated and got detailed information about the problems of transgenders in society.
11. An awareness program was organized on the topic of cyber crime and women - causes, effects and prevention, in which about 96 participants participated and got information about the measures to prevent cyber crime.



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12. An awareness program was organized on environmental pollution and human life chemistry and everyone got to know in detail about the side effects of human life chemistry.
13. An awareness program was organized on National Voter's Day - the role of voters in a democratic society.



## *Extension Activities Results*

### *Benefits to Society*

### *Year : 2019-20*

1. A health rally was organized by the NCC Unit of the college.
2. An AIDS awareness rally was taken out by NCC CADETS & NSS and citizens were made aware about the ways to prevent and protect against AIDS.
3. Awareness was created regarding cleanliness through the Swachhata program.
4. The entire college was sworn in by NCC CADETS & NSS to stop the use of plastic.
5. Various programs were organized on the topic of Say No to Plastic.
6. Awareness was created regarding TB through the TB Awareness Rally.
7. Awareness was created regarding drug prevention through the De-addiction Campaign.
8. Awareness was created regarding voter awareness under the Voter Awareness program.



## *Extension Activities Results*

### *Benefits to Society*

### *Year : 2018-19*

1. Tree plantation was done by NSS Unit Bichhua and students were made aware about tree plantation.
2. Health awareness was spread in the citizens through health awareness rally and cleanliness survey was conducted.
3. Drug de-addiction rally was organised through Nasha Mukti Abhiyan and awareness was created about drug prevention.
4. Health awareness rally was organised by NCC Unit along with cleanliness awareness programme.
5. AIDS awareness rally was taken out by NCC CADETS and citizens were made aware about the methods to prevent and protect against AIDS.
6. International Day for the Elimination of Violence against Women was organised.
7. In the above programme, measures to prevent violence against women were explained.